

EXPLORATION TIME 1 HELSINGØR

3rd to 7th of September 2023
Helsingør Teater, Denmark

HAND ! TO HAND

A European contemporary circus exploration
in public space to collectively question
the notion of social ecology

PRESENTATION

This first exploration time in Helsingør is the beginning of the process of 4 experimental pedagogical spaces offering the possibility of shifting practices and exchange of knowledge linked to sustainability and the relationship to others as a principle of social ecology.

These 3 days will be devoted to theoretical sessions and practical learning time in public space (city and harbour), visits and meetings with professionals from the maritime activity sector: fisherman, activities linked to building and renovating boats, to the property of the sea and the protection of biodiversity. The scientific theme is the sea as a public space and medium for understanding in collaboration with Øresundsakvariet – Maritime research institute.

The maritime environment has a significant meaning for Helsingør.

The city is situated at the narrowest point between Denmark and Sweden, just 4 km across Øresund / The Sound (the strait between Denmark and Sweden), and the sea has had a continuous significance on the identity and establishment of Helsingør since the 1420's.

The Danish King Eric of Pomerania established the Sound Dues in 1429, which made all foreign ships passing through the strait pay a toll. This constituted up to two-thirds of Denmark's state income, and financed the castle, which was expanded in the 1580s and renamed Kronborg. The Sound Dues were abolished in 1857.

From 1882-1983, Helsingør Værft (Elsinore Shipyard) was a prominent landmark, covering the whole area between the town and Kronborg Castle. For a century, the shipyard was a driving force in Helsingør's economy and life, employing large parts of the city's inhabitants. At its height in 1957, it had 3,600 employees.

Post industrialism, Helsingør made a transition towards culture. In 2010, parts of the shipyard was converted into The Culture Yard, while the old dry dock was transformed into the M/S Maritime Museum of Denmark.

Today, Helsingør known for historic sites, museums, concerts etc.

The sea and the heritage of ship building still plays an important role in the identity of the town.

Through three thematic themes, we will visit, interact with and learn from professionals, working with the maritime sustainability, heritage, science and biology in various ways:

1: We will learn about **The Sound around Helsingør** through the biological research institute [The Øresund Aquarium](#), that actively works to protect and preserve the rich diversity of fish, animal, and plant life in this unique local marine area. This mirrors the new movements within [gentle fishing](#) without trawling, but only line fishing, that **commercial fisherman Søren Jacobsen** represents and will involve us in.

2: Boat building - from education to industry: we will visit [U/NORD and the national education for boat builders](#), as well as the world-famous ship engineering company, [Knud E. Hansen](#), placed in Helsingør.

3: Boat builders by heart: on the third day, we will visit the active workshop for boat renovation and maritime heritage, [Association of Maritime Workshop Hall 16 \(Maritimt Værksted Hal 16\)](#), situated in one of the old shipyard halls.

We look forward to exploring these maritime industries, educational institutions, passionate boat-builders, a fisherman from the Gentle Fishing movement and other sites in Helsingør, all linked to ecology, to share scientific issues, physical movements and gestures of the workers in this sector, with you.

SCHEDULE

SUNDAY 3RD OF SEPTEMBER ARRIVAL

- 18:00 - 19:00 : Arrival at Helsingør Teater
- 19:00-20:00 : Dinner at Helsingør Teater
- 20:30-21:00 : Welcome and introduction by Jens Frimann Hansen
- 21:00-21:30 : Briefing, schedule for the Exploration time 1 in Helsingør

MONDAY 4TH OF SEPTEMBER

THEME: The Sound around Helsingør

- 10:00 - 11:30 : Lecture at the Maritime research institute Øresund Aquarium
- 11:30 - 12:00 : Ethnographic exercise with Magali Sizorn
- 12:00 - 13:00 : LUNCH at Toldkammeret
- 13:30 - 15:00 : Keynote - Magali Sizorn at Toldkammeret, Lille Sal
- 15:30 - 17:30 : Observation - Field trip and movements with Cille Lansade
- 17:30 - 18:30 : Visit to fisherman Søren Jacobsen
- 19:00-20:00 : DINNER at Helsingør Street Food Market
- 20:00-22.30 : Evening session, preparing the artistic research / prototype at Helsingør Teater

TUESDAY 5TH OF SEPTEMBER

THEME: Boat building - from education to industry

- 10:00 - 11:30 : Site visit at U/NORD, Boat building education
- 11:30 - 12:00 : Ethnographic exercise with Magali Sizorn
- 12:00 - 13:00 : LUNCH at U/NORD in the canteen
- 13:30 - 16:00 : Exploration - Collective and individual movements in public space with Cille Lansade
- 16:30 - 18:00 : Visit at Knud E. Hansen, ship architects
- 19:00-20:00 : DINNER at Helsingør Street Food Market
- 20:30 - 22:30 : Evening session to share the artists artistic research / prototype at Helsingør Teater

WEDNESDAY 6TH OF SEPTEMBER

THEME: Boat builders by heart

- 09:15-09.45 : Meeting with Camillo Berié , former circus artist, Toldkammeret
- 10:00 - 11:00 : Visit at Association of Maritime Workshop Hall 16
- 11:00 - 11:30 : Ethnographic exercise with Magali Sizorn
- 12:00 - 13:00 : LUNCH at Toldkammeret
- 13:30 - 15:30 : Integration - physical exploration in public space with Cille Lansade
- 13:30 - 15:30 : Steering committee meeting (partners) at Helsingør Teater
- 16:00 - 18:30 : Evaluation of exploration Helsingør + video interview with artists at Helsingør Teater
- 19:00 : DINNER at Toldkammeret + social gathering

THURSDAY 7TH OF SEPTEMBER DEPARTURE

DETAILED PROGRAMME DAY BY DAY

SUNDAY 3RD OF SEPTEMBER

Arrival

18:00-19:00 | Helsingør Teater, Strandgade 72, 1., 3000 Helsingør

Dinner

19:00-20:00 | Helsingør Teater

Welcome & introduction by Jens Frimman Hansen

20:30-21:00 | Helsingør Teater

Briefing: schedule for the Exploration Time 1 in Helsingør

21:00-21:30 | Helsingør Teater

MONDAY 4TH OF SEPTEMBER

The Sound around Helsingør

KEYNOTE

SPEAKER: Kristian Vedel Christiansen, Head zookeeper / developer

10:00-11:30 | Øresund Aquarium Maritime research institute

Strandpromenaden 5, Helsingør

10:00-10.30 Lecture about The Sound in the auditorium

10:30-11.15 The lecture continues inside the aquarium and in the laboratory, where the researchers work.

11.15-11.30 Walk outside to the harbour

Kristian Vedel Christiansen will introduce the saltwater aquarium and the projects, they initiate in order to protect the Sound. We will go on a tour around the aquarium. The aquarium is part of Department of Biology at University of Copenhagen and is a knowledge-based centre for the marine environment. The Øresund Aquarium actively works to protect the Sound and preserve the rich diversity of fish, animal, and plant life in this unique marine area. The activities are many and diverse and adhere to the premise that knowledge dissemination promotes understanding and conservation.

Ethnographic exercise with Magali Sizorn

11:30 – 12:00 | inside the aquarium and at the harbour

LUNCH

12:00 – 13:00 | Toldkammeret, Havnepladsen 1, Helsingør

KEYNOTE: The sea in (a) common (approach), tasting the landscape

Speaker: Magali Sizorn

13:30 – 15:00 | Toldkammeret, Lille Sal, Havnepladsen 1, Helsingør

Three times of observation will be linked to this session / keynote. The anthropology of the senses reminds us that perceiving is a learning process. Our relationship with the world is corporeal (= linked to the body), and the way we experience it, has to do with our culture and our personal history. We will do a focus at colors, smells and textures as a starting point in order to explore our relationship with the sea. We will also explore different cultural uses through activities linked to the sea (ex: swimming, surfing, fishing...).

Selective bibliography:

Carson R., The Sea around Us, Oxford University Press, New York, 1950

(Translation in French : La Mer autour de nous, Wildproject, 2023)

Le Breton D., La Saveur du Monde. Une anthropologie des sens, Paris, Métailié, 2006.

Pastoureau M., Les couleurs de nos souvenirs, Paris, Le Seuil, 2010.

Observation | Field trip and movements in public space with Cille Lansade

15:30 – 17:30 | The Culture Yard (Store scene). Allégade 2, Helsingør

A thirty minute warm up in autonomy at The Culture Yard will start the session, the idea being that each participant shares one exercise that they specifically like. Jens Friman Hansen will then introduce the history and identity of Helsingør: The transition from shipyard to culture yard, from a city identifying itself as a shipyard city to a culture city, and the following sense of constant tourist transit in the city's public spaces. A first outdoor collective, physical exploration will then be led by Cille Lansade with you in public space around the harbour.

Visit to commercial fisherman Søren Jacobsen

17:30 – 18:30 | Fishing vessel Regina H4, Nordhavnsvej 6, Helsingør

Søren Jacobsen is the only commercial fisherman in Helsingør. For many years, he has been committed to gentle coastal fishing and protecting the maritime environment along the Danish coasts. Søren is the Chairman of the national **Association of Gentle Coastal Fishing**, that works actively to influence Danish politics and promote commercial fishing through fishing tools that has minimal or no impact on the seabed, almost no by-catch and very little fuel consumption compared to other fisheries that fish for the same species. We will visit Søren at his fishing vessel at the North Harbour, where he will talk about his practice, the elements of gentle fishing and show us the fishing tools and practices used.

DINNER

19:00-20:00 | Helsingør Street Food Market, Ny Kronborgvej 2, Helsingør

Evening session: Prepare the artistic research/project

20:00-22:30 | Helsingør Teater

This session is a space and a time to work on your individual prototype. It is also a time for you to prepare the evening session of Tuesday.

TUESDAY 5TH OF SEPTEMBER

Boat building - from education to industry

Site visit at U/NORD, Boat building education

With Michael Gaardø Ewald, educational coordinator

10:00 – 11:30 | U/NORD, Rasmus Knudsens Vej 9, Helsingør

Michael Gaardø Ewald will introduce us to the education and show us the facilities, where we can see the students work, the machines used, the materials and the movements in the different processes.

The students at this national school for sail makers and boat builders work to build, maintain, repair, and equip the interior of motorboats, sailboats, and ships. During the 4 1/2 years of education the students learn to handle machines and tools and how to shape and process materials, so that they can withstand all kinds of weather. The students are taught to draw up line drawings and apartment design, cast in fiberglass and carbon fiber, process and weld metal, shape boats in wood, fiberglass, and veneer, carry out surface treatment and finishing work and carry out technical installations and engine installations.

Ethnographic exercise

with Magali Sizorn

11:30 – 12:00 | inside/outside U/NORD

LUNCH

12:00 – 13:00 | at U/NORD in the canteen

Exploration - Collective and individual movements

with Cille Lansade

13:30 – 16:00 | Public space (warm up at U/NORD) + walk

Warm up at the school after an observation of the working gestures of students. Through this observation and the sensory experience of the place (smell, touch, architecture) and/or watching inspirational videos about craftsmanship and the work of choreographers based on daily gestures, the artists will improvise and find how these gestures resonate in their bodies and their practice. This session will end with a thirty minute walk toward the sea where the gestures collected will be explored outdoors and gain amplitude and direction. Then a creative walk to the next visit.

Visit at Knud E. Hansen, ship architects

Speaker: Rasmus Nygaard, Business Development

16:30 – 18:00 | Knud E. Hansen ship design, Claessensvej 1, Helsingør

An introduction to the history of company and a virtual walk (VR headsets) on some of the vessels, they have developed. Knud E. Hansen is a Danish-based, leading independent consultancy that has been providing a comprehensive range of design, engineering and project management services to shipyards and ship owners around the world since 1937. Their innovative and customised solutions cover areas ranging from concept and basic design to the building and conversion processes of all types of vessels and offshore structures.

DINNER

19:00- 20:00 | Helsingør Street Food Market, Ny Kronborgvej 2, Helsingør

Evening session: Sharing the artistic research / prototype

20:15-22.45 | Helsingør Teater, Strandgade 72, 1., Helsingør

This session is conceived to share collectively your artistic research/ prototype with the other artists, the mentors and the partners. It will be done through a small journey of key points of your artistic prototype. It is a good opportunity to gather and share with the group, not as a formal presentation.

WEDNESDAY 6TH OF SEPTEMBER

Boat builders by heart

Meet former circus artist Camillo Berié

09:15-09.45 | In front of Toldkammeret, Havnepladsen 1, Helsingør

Visit The Association of Maritime Workshop Hall 16

10:00-11.00 | Ny Kronborgvej 14, 3000 Helsingør

We meet most of the members (volunteer boat builders) at their weekly morning meeting for a coffee and a look into the workshop in one of the halls of the former shipyard. After the morning meeting, we can observe the members working on the restoration of boats at the workshop.

Maritime Workshop Hall 16 (Maritimt Værsted Hal 16) is an association-based conservation workshop that supports the living, maritime cultural heritage and strengthens the maritime communities, develops events, and disseminates the maritime history of Helsingør. The workshop is situated in one of the old shipyard halls and functions as an active workshop and knowledge-sharing institution for practical ship preservation and restoration of maritime cultural heritage. It is open for visitors to experience the craftsmanship and has a state-of-the-art wood workshop in Hall 18. The workshop is used weekly by between 20 and 50 members.

Ethnographic exercise

With Magali Sizorn

11:00 – 11:30 | Outside Maritime Workshop Hall 16

LUNCH

12:00 – 13:00 | Toldkammeret, Havnepladsen 1, Helsingør

Integration – physical exploration in public space

With Cille Lansade

13:30 – 15:30 | Warm up at The Culture Yard + public space

Cille will lead a physical warm up in the Culture Yard. Each artist will have time to prepare in an outdoor location nearby, a physical proposal alone or in a duo. It will be like a photography of the inspirations of this trip and a step toward your individual prototype. This is a way to communicate with Cille and Delphine who will watch. It is not intended as a show but like an experimentation. It is to be considered like a personal step in the process toward your project.

Steering committee meeting for the partners

13:30 – 15:30 | Helsingør Teater, Strandgade 72, 1., Helsingør

Evaluation of exploration in Helsingør and video interviews with artists

16:00 – 18:30 | Helsingør Teater, Strandgade 72, 1., Helsingør

We will organise this session collecting individually your evaluation of the exploration time with us. We will do individual video interviews with each of you. We will gather the next step of the project.

DINNER + Social gathering

19:00 – | Toldkammeret, Havnepladsen 1., Helsingør

THURSDAY 7TH OF SEPTEMBER

Departure

BIOGRAPHIES

Artistic mentor for the Exploration time 1 in Helsingør:

Cille Lansade

Director/choreographer and circus artist. For several years she has been developing physical and conceptual work on the expression of emotions and the relativity of meanings according to our individual points of views. She graduated from ESAC (Superior school of Circus) of Brussels and has obtained a Master's degree in directing from DasArts (Advanced Studies in Theater and performing art) of Amsterdam. In 1999 she founded the Belgium dance company Dorina Fauer with Pierre-Yves de Jonge, in 2015 she became the co-artistic director of the French contemporary circus compagnie Anomalie. Since 2014 she has been the artistic director of Château de Monthelon (multidisciplinary residency dedicated to research and artistic creation). Cille is also the co-founder of MØR Collective, an interdisciplinary artist collective that works in a socially engaging and norm critical artistic projects. In 2023, she received the SACD award "Circus artist of the year".

www.compagnie-anomalie.com | www.moercollective.dk

Researcher in gesture, associated for the project in collaboration with the CNAC – Centre National des Arts du Cirque:

Magali Sizorn

Since 2008 Magali Sizorn has been a lecturer at the University of Rouen (UFR STAPS) and is a member of the Centre for the Study of the Transformation of Physical and Sports Activities. She teaches the anthropology and sociology of physical, sporting, and artistic practices.

She also runs a weekly choreography workshop (SUAPS). Within the Department of Cultural Professions of the LSH UFR, her courses focus on the circus and art in public space, the sociology of the audience and cultural practices. Her research focuses on artists at work (particularly in the relationship performer/director in the circus sector) and on cultural practices, observing the values in the construction, the transmission of the tastes. She is a founding member and member of the board of directors of the Collective of researchers in circus.

Private firms in Helsingør associated to the Hand to Hand project:

Association of Maritime Workshop Hall 16 (Maritimt Værksted Hal 16)

Maritime Workshop Hall 16 is an association-based conservation workshop, founded in 2017 to support the living, maritime cultural heritage. The association strengthens and develops the maritime communities, develops events and disseminates the maritime history of Helsingør. The workshop is situated in one of the old shipyard halls and functions as an active workshop and knowledge-sharing institution for practical ship preservation and restoration of maritime cultural heritage. It is open for visitors to experience the craftsmanship and has a state-of-the-art wood workshop in Hall 18, which is financed by local companies, foundations, and other sponsors. The workshop is used weekly by between 20 and 50 members, who through community and passion contribute to creating life in the harbor and vessels on the water throughout the year. www.hal16.dk | [English translated version here](#)

Søren Jacobsen

Søren Jacobsen is a commercial fisherman based at Helsingør North Harbour. He is the Chairman of **The Association of Gentle Coastal Fishing** (Foreningen for Skånsomt Kystfiskeri / FSK-PO), an association for the commercial fishermen, who fish with the gentle tools of nets, seines, lures, lines and hooks.

The association was formed in 2014, to establish an association that looked after the interests of gentle coastal fishing. Today, the association has members almost all over Denmark, and represents both larger purse seiners as well as smaller vessels under 10 metres. FSK-PO sits on several political committees that advise the government and is also a member of the European umbrella organization for coastal fishermen, LIFE, which works for the interests of coastal fishermen in the EU.

Søren Jacobsen has worked closely together with the director of the Øresund Aquarium to improve the conditions for the marine environment in Øresund and is very active in the public debate revolving around sustainability in Danish commercial fishing on behalf of the association.

www.skaansomtkystfiskeri.dk | [English google translated version here](#)

Scientific research collaborator

The Øresund Aquarium

Øresund Aquarium is a maritime research institute and small saltwater aquarium located close to Øresund (the Sound) at the North Harbour Marina in Helsingør.

The aquarium is part of Department of Biology at University of Copenhagen and is a knowledge-based centre for the marine environment. The Øresund Aquarium actively works to protect the Sound and preserve the rich diversity of fish, animal, and plant life in this unique marine area.

The activities are many and diverse and adhere to the premise that knowledge dissemination promotes understanding and conservation.

www.oresundsakvariet.ku.dk/english

Additional knowledge- and practice based partners in Helsingør:

U/NORD education centre - boat building education

The boat building education at U/NORD is a national school for sail makers and boat builders.

As boat builders, students work to build, maintain, repair, and equip the interior of motorboats, sailboats, and ships. During the 4 1/2 years of education the students learn to handle machines and tools and how to shape and process materials so that they can withstand all kinds of weather.

The students are taught to draw up line drawings and apartment design, cast in fiberglass and carbon fiber, process and weld metal, shape boats in wood, fiberglass, and veneer, carry out surface treatment and finishing work and carry out technical installations and engine installations.

www.unord.dk/uddannelser/baadebygger |

[English Google translated version here](#)

Knud E. Hansen Ship Design

Knud E. Hansen is a Danish-based, award-winning and leading independent consultancy that has been providing a comprehensive range of design, engineering and project management services to shipyards and ship owners around the world since 1937. The Founder, Knud E. Hansen, was born in Espergærde, small town in the Helsingør area, and returned the main office to Helsingør in 2009. Their innovative and customised solutions cover areas ranging from concept and basic design to the building and conversion processes of all types of vessels and offshore structures. Projects and designs include Design of the world's largest TIV vessels for wind turbine installation in deep water, and development of 'windships', a project was carried out in cooperation with the Department of Energy in Denmark. Many ship owners have since shown interest in the concept, but it has yet to be realised.

Knud E. Hansen uses knowledge of current technologies, as well as technologies that are currently being developed to provide assistance in ship owners commitment to decarbonizing their fleets for net-zero operations. www.knudehansen.com

Helsingør Teater and PASSAGE Festival

Helsingør Teater is a professional theatre association with the primary mandate to present performances for the citizens, adults as well as children, of Helsingør municipality. Helsingør Teater does not have a stage or production facilities, thus depends on collaborations with local organizations and venues such as schools, museums, retirement homes, social housing areas, libraries, and local culture houses.

Helsingør Teater organises the annual international (street) theatre festival PASSAGE Festival. PASSAGE Festival presents international and Danish performing arts of high artistic quality in public spaces of Helsingør and the surrounding cities and areas, including social housing areas in the outskirts of Helsingør.

www.helsingor-teater.dk | www.passagefestival.nu/en

PRACTICAL INFORMATION

HOTEL

Hotel Skandia, Bramstræde 1, 3000 Helsingør
+45 49 21 09 02 (24/7)

The reception closes at 18:00 on Sundays. You will need a PIN to enter the hotel. The PIN code for the front door is 3851# Use the keyboard on the wall. Your key card for your room is in an envelope with your name on it in blue box no. 2 opposite the entrance. Internet code: 49210902

CENTRAL MEETING POINT

Helsingør Teater, Strandgade 72, 1., 3000 Helsingør
Helsingør Teater has a separate entrance, but is located at Toldkammeret, the local culture house just across from Hotel Skandia:

Toldkammeret, Havnepladsen 1, 3000 Helsingør

Other meeting points:

Helsingør Street Food Market (Værftets Madmarked)
Ny Kronborgvej 2, 3000 Helsingør

The Culture Yard (Store scene / Large stage)
Allégade 2, 3000 Helsingør

CONTACTS

Marie Viltoft Polli, General coordination
+45 53 87 08 11

Jens Frimann Hansen, Theatre director Helsingør Teater
+45 51 94 63 05

Emergency numbers

Police: 114

Medical Help Line: 1813

Acute Emergency (Fire, Police, Medical): 112

Don't forget:

Bring your own water bottle

Bring what fits in your luggage

Bring your laptop, if you have one

Swimwear – Helsingør has several public beaches and bridges to take a swim from

Take care of you and your personal belongings!

Hand to hand is co-funded by
the Creative Europe

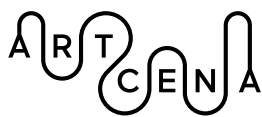


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www.handtohandproject.eu



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